

Jack, Joseph, & Morton Mandel Honors College

CLEVELAND STATE
UNIVERSITY
4.0 Honors College
Newsletter

Spring 2020

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Balancing a long day of classes with studying can become tiresome quickly for some students. A nice way to break up the day into chunks is to explore the different food options on and around campus! Whether you are in the mood for breakfast or lunch time food, there is surely something to suit your taste in downtown Cleveland.

The distribution of food preferences on our campus is quite diverse. Students listed places to eat falling within the categories of fast food, coffee/cafe food, sit down restaurants, and protein drinks.

From the looks of the responses, CSU students favor fast food over any other type of meal. Coffee/cafe food comes in as a close second. Then, sit-down restaurants in third place and protein shakes from Downtown Nutrition come in fourth. I think this speaks to the

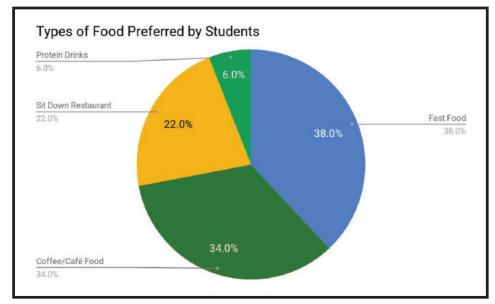
fact that most students are in a rush to get their food and get back to their studies. When it comes to protein shakes, students may be looking for more of a meal-like option.

Going into further detail, the student's most common response was Cafe Ah Roma as being their favorite spot for either breakfast or lunch. Cafe Ah Roma's menu consists of an assortment of different coffees, croissants, and bagels for breakfast. Better yet, these delicious breakfast foods are available all day long. They also have many different lunch/ dinner options including deli meat sandwiches, wraps, and salads. Many students made mention of the cozy, study-friendly environment in this cafe making it a perfect place to settle in during a long break between classes or even a short one!

Another popular place to grab a bite is Subway. There are a few different Subway locations on campus, making it easily accessible to students who are looking for a quick meal between classes. This sandwich shop has a vast variety of different meats, cheeses, breads, and even vegan options for every customer's unique taste. A great aspect about Subway is that the price point for the sandwiches is not too expensive for a college student's budget. While speaking with CSU student Jenna Wiegel about why Subway is her go-to for a quick lunch, she insists, "the variety of choices is what keeps students coming."

CSU's dining hall could gather more hungry students by taking notes from the cozy coffee shops and versatile submarine sandwich shops. Frequent dining hall goer Chris Hasak pointed out that it can get quite crowded during lunch hours. More seating options would be beneficial to accommodate more students during these busy hours. He also mentioned that the meal options on the weekends are lacking in diversity. Rather than the same choices daily, variety in daily food options would keep students coming for the new fresh taste each day.

Overall, students clearly show that they value the environment and variety in their food options. The next time you're looking for a bite to eat check out some of the places mentioned for a good place to study and relax.



Off-Campus Housing

By: Olivia Channell

Many students looking for a new place to live struggle to find the place that best suits their needs. To help students find their future home, this comprehensive article has information on each off-campus housing option listed on CSU's website, including location, floorplan options, rent costs, and more. Information on these apartments is current as of February 10, 2020. Rent and other details are subject to change.

1 Reserve Square Rent:

Studio \$808 - \$940 1 bedroom \$835 - \$1950 2 bedroom \$1033 - \$1987 3 bedroom \$1791 - \$2043 Not furnished

Utilities not included in rent Pets allowed

Walking time to Student Center: 13 minutes (216) 861-2715

4 1900 Euclid Avenue Lofts

Rent:

1 bedroom \$1095 - \$1275 2 bedroom \$1600 - \$1825 Not furnished Utilities not included in rent Pets allowed

Walking time to Student Center: 5 minutes (216) 241-9800

7 The Domain at Cleveland

Rent:

Studio \$765 - \$999 1 bedroom \$1050 - \$1099 Fully furnished Utilities included in rent Pets allowed Walking time to Student

Center: 4 minutes (216) 344-0566

11 University Commons

1 bedroom \$740 - \$825 2 bedroom \$940 - \$950 Not furnished Utilities included in rent, except electric Pets allowed (Cats only) Walking time to Student Center: 10 minutes (216) 241-2535

2 The Statler Rent:

1 bedroom \$1250 - \$2400 2 bedroom \$1700 - \$2600 3 bedroom \$3000 - \$3500 Not furnished

Utilities not included in rent Pets allowed

Walking time to Student Center: 11 minutes (216) 696-6800

5 University Lofts

Rent:

2 bedroom \$1685 Not furnished Utilities not included in rent Pets allowed (Cats only) Walking time to Student Center: 4 minutes (216) 241-9800

8 Walker and Weeks

1 bedroom \$975 2 bedroom \$1275 3 bedroom \$1700 Not furnished Utilities not included in rent Pets allowed Walking time to Student

Center: 5 minutes (216) 351-6936

12 University Studios Rent:

Studio \$675 - \$900 Furnished option All utilities included in rent Pets not allowed Walking time to Student

Center: 7 minutes (216) 938-9501

3 The Edge

Rent (per bed):

\$1135 Studio 2 bedroom \$829 - \$849 4 bedroom \$719 - \$749 Fully furnished Utilities included in rent, except electric Pets allowed

Walking time to Student Center: 6 minutes (440) 332-4785

6 The Lanaston

Rent (per bed): \$975

Studio 1 bedroom \$1164 - \$ 1254 2 bedroom \$844 - \$929 3 bedroom \$814 4 bedroom \$725

Fully furnished; rent includes utilities except electric Pets Allowed Walking time to Student Center: 4 minutes (216) 672-5669

9 Euclid Commons

ON CAMPUS RESIDENCE

10 Fenn Tower

ON CAMPUS RESIDENCE

*walking times provided by Google Maps





How to Publish a Paper That Drops the F-Bomb 865

By: Kyle Ray

Back in the early 2000's something wonderful happened. Two academics were fed up with constant emails inviting them to conferences. David Mazieres and Eddie Kohler presumably succumbed to the same rage we all feel when we are inundated with countless emails. They created a fake academic paper as a joke. They titled it, "Get me off Your F***ing Mailing List" (sans asterisks). The content of this paper? The title sentence repeated over and over again for ten pages; it even included two graphs. So far, the origins of this paper are of little interest. A fake academic paper that uses the same vulgar word repeatedly is by no means a remarkable event. What makes this paper notable is the simple fact that it was accepted by an "academic journal."

The paper was circulated widely, eventually making its way to an academic named Peter Vamplew. Vamplew sent a copy of this paper to The International Journal of Advanced Computer Technology, a predatory journal that was harassing him with constant emails. These supposedly academic journals would offer to publish someone's work in exchange for a fee, a practice more respectable journals do not uphold. Instead of taking the hint and leaving Vamplew alone, the journal sent him another email saying his submission had been approved and it would be published for a \$150 fee. Naturally, word got out about this and the story was picked up by several news publications. Now the profanity laden paper has been cited by numerous serious articles, usually to talk about the problem of predatory journals.

So what does this teach us? The very fact this paper was accepted shows that there are journals willing to charge a fee and publish anything with next to no peer review. Students in college need to beware of the sources they use, as many predatory journals hide behind professional sounding titles much like The International Journal of Advanced Computer Technology. Many Honors students should be especially wary, as many of them will be expected to write their own thesis, depending on the college they enroll in. Academics who have recently graduated can learn from this paper too. This case shows that, no matter how desperate you are to publish, you should never pay the fee and submit your work to a predatory journal, lest your work end up next to a paper that repeats the same vulgar sentence 865 times.



How to Get Involved in Undergraduate Research By: Keren Kuragayala



"The student needs to be prepared to adapt to many different types of roles that may be needed by the researcher."

1. Do you need to do research as an undergraduate?

Undergraduate research may be an upper-division requirement for an Honors student, but it is not necessary for all majors. Every major is required to complete some sort of experience, whether it be research, seminar, or capstone. To find out whether you need to do research, find your major in the online Undergraduate Catalog. All the requirements needed to graduate, including those for the Honors College, will be listed. Another option is to ask your Honors College advisor assigned to you at the beginning of your first semester at CSU.

2. Make appointments with the necessary people!

Your next step is to make an appointment with your Honors College advisor and the Honors advisor for the department your major falls under. To find out who your Honors advisor is, check the major's website or ask your Honors College advisor. Starfish is also a great source that will automatically give you your team of advising and academic next professor on the list. support.

3. Find the faculty in your major that you'd be interested in researching with.

Your college's website will list the faculty with labs open either at or through the university. Read their short biographies and find out if what they're researching interests you. If you can, look up their names in databases and read the abstracts of their recently published papers to also get a feel for the direction of their research. Make a short list and work from most interested and down.

4. Reach out!

Whether in person or by email, reach out to the professor! Let them know who you are and why you're interested in their research. Make the case for why they should be interested in you! Include a CV (curriculum vitae— a document highlighting your professional and academic history) whether or not you have prior research experience to help the professor make his or her decision. If they're not interested, then don't lose heart. Brush it off and move on to the



5. What experiences and responsibilities can you expect from this opportunity?

"Depending on what type of research is being done, the student needs to be prepared to adapt to many different types of roles that may be needed by the researcher. For example, time management and multitasking are essential skills that can be applied to any research. In biology/chemistry research, what is most commonly seen is lab procedures such as PCR, cell culturing, distillation, etc. These can all be learned in the lab. "

- Ishani Pandit, Biology and Psychology Major, Chemistry Minor

"Working in a research lab is very different from being in a class environment. In addition to learning technical skills (such as the use of equipment and instruments), communication skills (both orally and written) will also improve. Personally, I have learned to accept the high possibilities of failure when running an experiment. Research is not for the faint of heart as it does not do to be discouraged easily."

- **Sumaiya Ahmed**, Chemical Engineering Major

CSU Launches New Center for Applied Data Analysis and Modeling (ADAM)

By: Ariana Chriss

Buzzwords like *big data* and *machine learning* are used quite often in academia nowadays, but what do they really mean for the future of research?

Earlier this semester, Cleveland State took an innovative step forward by establishing the Center for Applied Data Analysis and Modeling, or ADAM, aimed toward advancing research in an interdisciplinary way. Co-directors Dr. Shawn Ryan of the Mathematics and Statistics Department and Dr. Thijs Heus of the Physics Department worked with the Office of Research to bring this center to life.

"We wanted to bring together faculty from across campus that have either expertise in generating large amounts of data or analyzing those data, but maybe don't have a place to come together yet," said Dr. Ryan. The co-directors also wish to emphasize that "big data" does not have to be big data. The center also welcomes projects with minimal amounts of data, as one can "extrapolate something useful in a larger sense, especially with medical data," mentioned Dr. Ryan.

The center has three main long-term goals. The first is to form a mentoring network for faculty across all CSU colleges so that they are supported in their research and have a place to discuss and overcome challenges. The second goal is to provide more student opportunities for research on data science and modeling-driven projects. The third goal is to establish CSU as a research hub that the community or

industries can bring their projects to for collaboration, which may lead to further grant funding.

Both faculty and students will benefit greatly from the center. For faculty, the interdisciplinary work will build a stronger research culture among them. Dr. Ryan said, "When you're working with other people across campus, rather than working by yourself, it leads to better projects, interdisciplinary projects, and higherimpact journals."

Students can get involved by checking the ADAM website for seminar dates. During the monthly seminar, someone may present data they have collected and ask for help with methodology, or someone may have a new or traditional method they can teach to other members for use on their own data. Because the center has a small budget to support student research with center members, this can lead to new research projects for the students. If interested, a student should start by going to the seminars and taking note of the types of projects in development. Then, the student may reach out to someone in the center to discuss what they are working on.

With the establishment of ADAM, the university will be involved in cutting-edge research across numerous fields. Interdisciplinary work as well as collaboration with industry will be encouraged, and students will have the opportunity to get involved in this groundbreaking environment. This is the future of research.



Professor Mary Motley

Professor Mary Motley has been a faculty member at CSU for 40 years, after receiving her education at the University of Northern Colorado, Idaho State University, and Kent State University. She pursued education due to the impact of role models as she grew up. Currently Professor Motley teaches in the Health and Human Performance Department teaching courses on law, methods classes, and some activity classes like rock climbing, backpacking, and biking. Her favorite course to teach is law, because of how fascinating it is. In the Honors college, which she has been a part of for 15 years, she teaches the sports appreciation course. This course allows Honors students the chance to take a break from the difficulty of rigorous coursework, while helping build our social network. This mirrors her main goal with Honors students,

which is to provide a stress reducing venue that helps us learn life-long skills. When a student joins her course, Professor Motley hopes that they keep an open mind and a willingness to try new things.

In her free time, Professor Motley volunteers at a local animal shelter, backpacks, hikes, and goes camping. In terms of her favorite food to eat, she loves Mexican. A fun fact to know about her is that she has a deaf dog named Acorn who she taught sign language to. Acorn even has his own book, *DEAFinitely Awesome*—*The Story of Acorn*, with a second book by Professor Motley coming out which shows us how to teach other deaf dogs sign language. Professor Motley's advice for students as they continue with their careers is this: "Choose a career that makes you happy."

FACULTY SPOTLIGHT

By: Jackson Casteel



Dr. Robert Shelton

Dr. Robert Shelton has been a faculty member at CSU for 19 years, and part of the Honors college for 5. He received his undergraduate education at the University of North Texas, and his Masters and Ph.D. from Rice University. History has been an influence on his life since childhood, where he developed a greater sense of appreciation for it in college stating, "History helps explain why our world is as it is in the present". Dr. Shelton teaches History courses on African American history and the Civil war and Reconstruction along with others. He likes all of his courses, and says that his Reacting to the Past game in the Honors course is an effective means of teaching and understanding his students. This course in particular allows students to have an engaging class, while teaching students how to use critical thinking and building our communication skills. This course, and his others, show Honors students his goal of showing us that education is more than just

being prepared for a job, but preparing us for real world application. He hopes to leave an impression that STEM students realize these necessary skills, and others such as flexibility and adaptability in changing circumstances, are a core part of liberal arts education, which we should take full advantage of. When a student joins his course. Dr. Shelton expects hard work, insightful reading, and good communication. A fun fact about Dr. Shelton is that he considers himself to be an "ill disciplined vegan" who has a soft spot for grilled salmon and eggs on toast.

Dr. Shelton's advice for students as they continue with their careers is this: "Be openminded and considerate. Don't worry, give yourself a break."



Cleveland, Cleveland State, and Music: At A Glance

By: Angela Deviers

It is not an unknown fact that Cleveland is a music town, and it staked claim on music history when Cleveland disc jockey Alan Freed coined the term "rock and roll" in 1951. Since then, Cleveland has grown, and with it Ohio's additions to the music industry. Ohio has produced musicians and groups such as Doris Day, Bootsy Collins, Marilyn Manson, Dave Grohl, Twenty One Pilots, and many more. Today, Cleveland itself is also home to the prestigious Rock and Roll Hall of Fame — and, lesser known, the Polka Hall of Fame, which resides in Euclid.

Cleveland is also home to our beloved Cleveland State University, which houses its own school of music. For undergraduate students, the school of music at Cleveland State offers a Bachelor of Arts in music and Bachelors of Music in composition, education, performance, and therapy. A music minor is also available. For graduate students, CSU offers a Master's degree in music and a certificate in music performance for both full and part-time students. Each music path of study requires an audition to determine entry.

According to the CSU website, the Cleveland State school of music boasts current members of the Germany Army Band, Dayton Philharmonic, Air Force Band of Flight, US Navy Band, and many, many more. The staff of the school of music is glad to have GRAMMY Award Winner (for Best Instrumental Soloist Performance and Orchestra) Angelin Chang among their ranks. Dr. Chang is a professor of piano within the music school as well as the coordinator of both keyboard studies and chamber music. Composition professor and coordinator Andrew Rindfleisch also has won awards such as the Aaron Copland Award and the Rome Prize. Eight members of the Cleveland Orchestra are currently part of the School of Music's staff as well.

Outside of its music school, Cleveland State also has many other musical events on its campus at the Wolstein Center. Recent performers at the auditorium include Machine Gun Kelly, In This Moment, 21 Savage, and Disturbed. Typically, artists and groups that perform on campus reflect the current musical demographic of Cleveland State's student body as well as the Cleveland musical demographic. These concerts bring in CSU students and residents of the Cleveland area alike.

With the coronavirus closing Cleveland State's doors for the second half of the spring 2020 semester, any and all events — academic or otherwise — are either postponed, cancelled, online or in limbo. No upcoming musical events are even listed on CSU's events calendars, and it may be

months before anything can be announced.

Nevertheless, CSU's music department itself continues to service its students online like the rest of the university — until classes can return to campus.

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Honors International Students

By: Marymar Alhoush

Many students come to the U.S seeking a higher education in order to better their future and expand their opportunities.

Around the world, American degrees are among the most required ones to get good jobs with higher pay. As an international student in the Honors program at Cleveland State, I wanted to learn more about other international students and the challenges they face at college.

Where are you from? Did you graduate high school at your country?

International students at the Honors College are from Viet Nam, Russia, Syria, Kazakhstan, and Austria. All of the students I talked to graduated high schools at their home country, then moved to the U.S to continue in college.

How did they get to the Honors College? And what are their majors?

Some students became a part of the Honors program by transferring from the Cuyahoga Community College through the transfer program. They started at Tri-C Mandel Scholar program and then got to join the transfer program. Other international Honors students applied to join through CSU's website. Their majors differ between Psychology, Marketing, International Relations, Biology, and Urban Studies.

Challenges & Difficulties

Growing up in a different country and going to school there makes it

difficult to adapt to any new system. Because of the differences between countries, students face some issues adjusting to a new social life and new education systems.

The language barrier was a common challenge for all students. Also, making friends and getting to be comfortable with the culture and lifestyle was a big challenge as well. However, the transfer students from Tri-C said they really benefited from the summer session the Honors College had provided them with prior to starting at CSU. Staying organized and not forgetting about things is considered one of the challenges because of the busy lifestyle here in America.

The differences in education systems

The differences between the education systems was more difficult to overcome for some than other students. Technology was not introduced as much in some countries because these countries still follow the traditional teaching system. Others said their system was more science related and did not



really talk about the interracial communication issues. Another example is that multiple choice exams are more followed in the U.S, whereas there are more essaystyle exams in other countries. Some students even remarked that education is more relaxed in the U.S and they do not require long hours every day to finish.

Do you work? If yes, what do you do?

Some students work on campus at the TSCS center, tutor, or work at the front desk at the Honors College. The ones who do not work are working on getting internships to learn more in the field of their study.

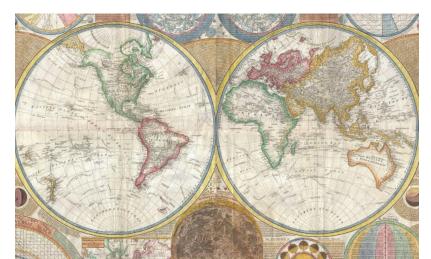
What do you like the most about the Honors College?

Students agreed that having support and great advisors is very helpful,

especially with their being there to listen and help solve problems. Students appreciate gaining the respect of others because of having the status of an Honors student at a large university. Having the Honors lounge is another likable part about the Honors College; it feels great to know that you have a space on campus to go to, to relax or study in a good environment.

What do you do in Cleveland?

With all the pressure they have every day because of the extra effort they have to put in to meet the Honors College requirement, students try to enjoy their time and discover Cleveland. Some of the activates they do in their free time includes exploring the Metroparks, hiking, trying different restaurants, rock climbing, attending plays and concerts, and hanging out with



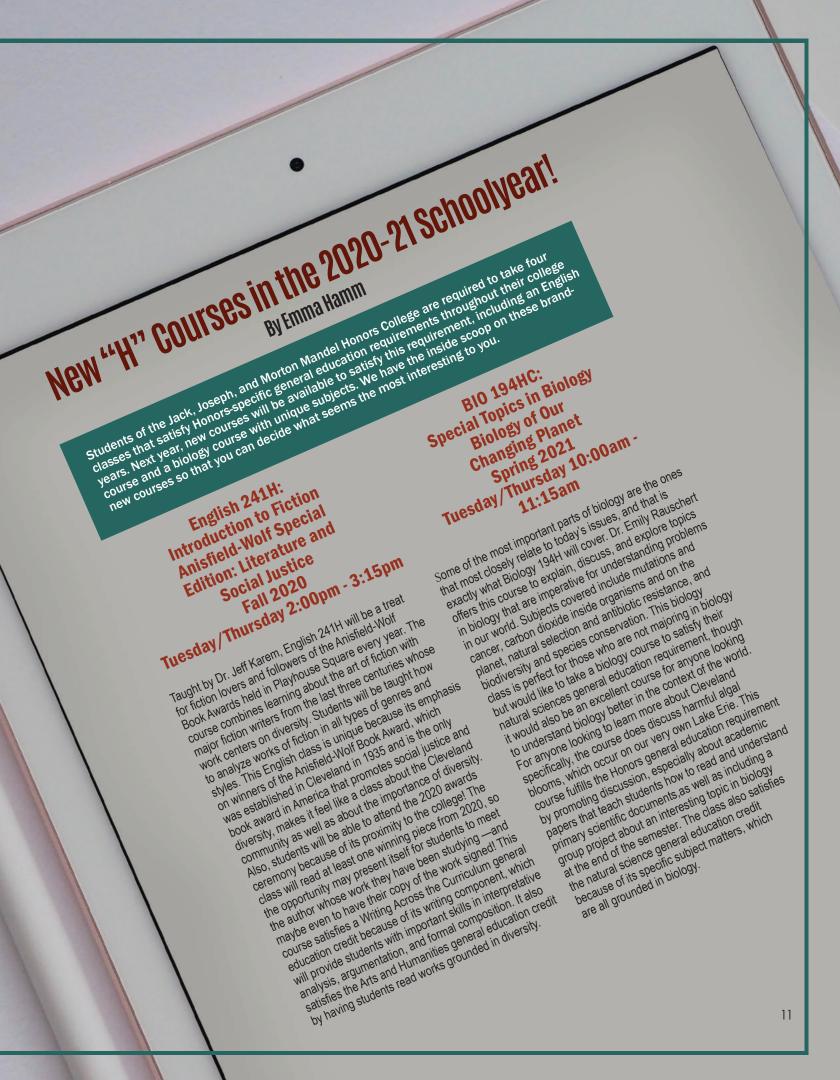
COMPASSION By: Sarah DeRosa

The past few weeks, everyone's world has turned upside town. We have been confronted by very real fear in this pandemic. As I myself hold this fear, I see my fellow human beings holding it gently as well. It is in this time, that we, as a society, are called to step with compassion. Being on lock-down has been a hard experience for many. It is an experience with anxiety, grief, and pain. It is in this experience however, that we are taking a step with compassion. The stay at home order has decreased the curve for Covid-19 in Ohio—which is an amazing thing I bring to mind whenever I find myself going a tad stir-crazy. We are taking care of our fellow human. I've seen a change in the world around me now that closeness is something we all must cope without. I see more people smiling. More people are connecting with nature. More people are living their lives with compassion to feel connected. As I walk down my street, I see chalk drawings by children telling everyone to stay healthy. I see conversations written in chalk between separated friends. We are all connected by this experience, and I've seen the human race use this experience to reach out with compassion.



MEET THE STAFF





What to Do in Cleveland for Summer 2020



UNCOMMON COMING COURSES

by Jasmin Ashriem

Looking for interesting classes to take here at CSU? Take a look at these unique courses!

HIS 337: Greek Gods, Heroes and Worship

This course is an in-depth study of Greek worship, specifically the Greek gods and heroes, by looking at vase paintings, sculptures, architecture, epics and more. Learn more about Greek religious festivals, mythic traditions, magic and curses, athletic competitions, and other functions of Greek society.

SPH 251: American Sign Language I

In this class, students will learn the basics of American Sign Language as well as an introduction into deaf culture. Students will learn expressive hand gestures, fingerspelling, facial expressions and more. If interested, students can continue learning ASL through a series of three courses.

This summer, you won't need to travel far to have fun and make unforgettable memories. During the sunny season, CLE is the place to be! You'll want to mark these events on your calendar now for summer 2020....

By: Mason Repas

If you want to relax and find your inner zen, head over to the Cleveland Ohio Yoga Festival on June 20th. The scenic venue, Edgewater Park, provides a peaceful atmosphere for yoga, meditation, and hiking accompanied by music and the work of local artists. Various yoga classes led by professional instructors will bring the community together for a day of reflection and relaxation.

From June 25-27th, Playhouse Square will be hosting the 41st Annual Tri-C JazzFest. This toe-tapping weekend will feature world-class jazz in the theatres of Playhouse as well as outside at U.S. Bank Plaza. Musicians in the lineup include legendary classics such as Kirk Whalum and Charles Lloyd as well as fresh innovative artists like the Punch Brothers. Bring family and friends and get into the swing together!

If you want to enjoy a variety of art and music, the Cain Park Arts Festival is the place for you. This event runs July 10-12th, highlighting fine arts and crafts made by both local and nationally acclaimed artists. Art displays will include paintings, jewelry, ceramics, drawings and prints, photography, leather, sculpture, glass, wood, mixed media, and fiber. Live musical entertainment, as well as gourmet food vendors and food trucks, will make the experience fun for the whole family.

If you want to spend a "chill" evening in Cleveland, head to Playhouse Square between July 15th and August 16th to see *Frozen: The Broadway Musical*. The popular theatrical production is based on the hit 2013 Disney movie and was nominated for last year's Best Musical Tony Award. Thanks to the KeyBank Broadway Series, this iconic and tuneful story will be brought to life in Cleveland for five weeks this summer.

Looking for a way to keep cool during the dog days? The Cleveland Water Lantern Festival will be held August 22nd from 5:30-10:00pm at Voinovich Bicentennial Park. After exploring the festival area's food trucks and music, pick up your provided kit and decorate your own lantern. Write down some of your hopes and dreams for the future, or pen a personal note to a loved one. Once it gets dark, everyone will launch their lights and admire their reflective glow on the water. Afterwards, the eco-friendly lanterns as well as any other trash will be removed from the water to keep the park shining.

With various events to keep you cool and entertained throughout the warm months, Cleveland has something for everyone. Get out and enjoy all the city has to offer this summer!

Note: Due to Ohio's pandemic response, dates and event information are subject to change.

PES 162: Yoga I

Looking for some time to relax? Take yoga! This class will help students understand the three aspects of yoga: exercise, breathing and meditation. This class also helps individual students by coming up with plans to stay organized and relaxed by using key techniques like time management, nutrition planning and stress management. If interested, students can continue onto Yoga II.

ANT 275: Ancient Mysteries

This course looks at the many wonders of the world and conspiracy theories, like the Ancient Astronaut Theory and aliens and debunks them by looking at the motives behind these assertions, such as the social, economic, religious, and psychological motives. This class also looks at real wonders of the ancient world, such as Easter Island, Machu Pichu, Stonehenge and more. This class satisfies the social science ALAAME general education requirement.

HIS 358: The Holocaust: Origins, History and Memory

Interested in the Holocaust? This class takes a look into various viewpoints of those involved in the Holocaust, including the perpetrators, the victims and the bystanders. Students will look into the "logic" of the perpetrators and the decisions they made and the effects on the victims of the Holocaust. This class satisfies the Writing Across the Curriculum general education requirement.

PSY 345: Abnormal Psychology

Interested in mental disorders? Then this class is for you! This course examines the field of abnormal psychology by taking an in-depth look at psychological disorders. Students will examine the classification, causes, and treatments of psychological disorders. Interested students must have previously taken Introduction to Psychology (PSY 101) to take this course.

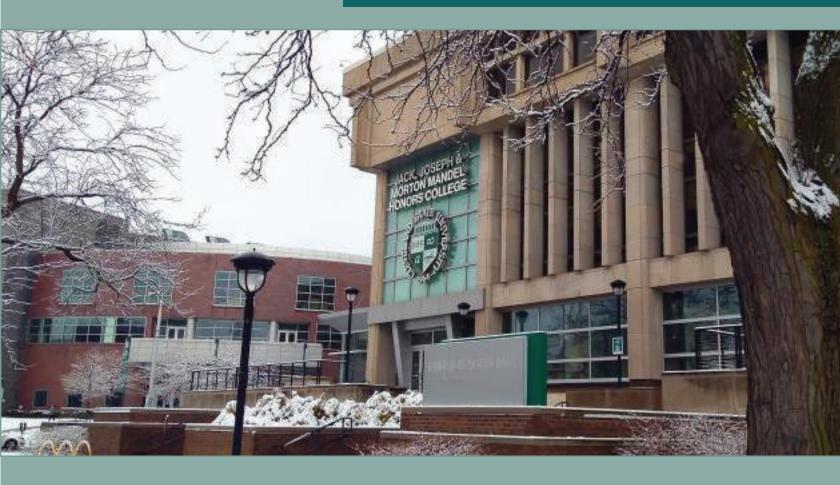
PHL 220: Philosophy of Fantasy and Science Fiction

This course takes a philosophical look at many science fiction and fantasy literary work. Students will have the opportunity to explore philosophical questions such as "what is the nature of our reality, space and time?", "What are some alternative views of a good life and society?" This class satisfies the arts and humanities general education requirement.

HSC 305: Culture and Healthcare

Looking to go into medicine or healthcare? This class introduces students to the variety of cultures and their traditions in the U.S. and how this can impact their health and the way they receive treatment. Students must have taken ANT 100, SOC 101, PSY 101, HSC 200, or SWK 200. This course satisfies the U.S. Diversity general education requirement.

JACK, JOSEPH AND MORTON MANDEL HONORS COLLEGE





CLEVELAND STATE UNIVERSITY

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